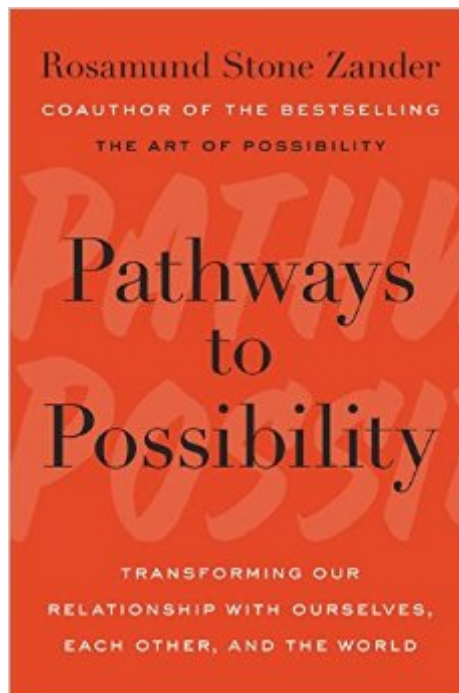


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# Pathways To Possibility: Transforming Our Relationship With Ourselves, Each Other, And The World



## Synopsis

The bestselling author of *The Art of Possibility* returns with a new vision for achieving true human fulfillment— that's sure to appeal to fans of Brene Brown's *Daring Greatly* and Elizabeth Gilbert's *Big Magic*. As children, we develop stories about how the world works, most of which get improved upon and amended over time. But some do not, even as we mature in other ways. Opinionated, self-centered and fear-driven, these "child stories" are the source of the behavioral and emotional patterns that hold us back. When we learn to identify and rewrite these stories, limitless growth becomes possible. In her groundbreaking and inspiring new book, Rosamund Stone Zander shows us that life is a story we tell ourselves, and that we have the power to change that story. She illuminates how breaking old patterns and telling a new story can transform not just our own lives, but also our relationships with others—whether in a marriage, a classroom, or a business. Finally, she demonstrates how, with this new understanding of ourselves and our place within an interconnected world, we can take powerful action in the collective interest, and gain a sense of deep connection to the universe. *Pathways to Possibility* expands our notions of how much we can grow and change, whether we can affect others or the world at large, and how much freedom and joy we can experience. Stimulating and profound, it is the perfect companion to her beloved first book, *The Art of Possibility*. "Rosamund Zander is a miracle. Her generous voice will resonate with you, change you and help you create work that matters." —Seth Godin, author of *The Icarus Deception* "In this eloquent and elegant book, Zander offers us a visionary and practical guide to living fuller, more compassionate lives." —Sir Ken Robinson, author of *The Element*

## Book Information

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## Customer Reviews

Have you ever read a book that you loved so much you read it several times? A book that made such a positive impact you bought copies for friends and recommended it many times? For me, *The Art of Possibility* by Rosamund Stone Zander and Ben Zander is such a book. I included it in a list of suggested reading in my own book, and wrote how it "freed me to be more joyful and more open to the wonders in other people". When I learned Rosamund Stone Zander had just written *Pathways to Possibility*, I couldn't wait to read it. I also couldn't help but wonder, "How could she top that?" I'm moved to write this because, as with *The Art of Possibility*, I want to share the book, to have other people experience what I experienced having read it. It's not a sequel or more of the same, but rather it stands on its own. She weaves together threads of psychoanalysis, Buddhism, mysticism, and even organizational consulting into a beautiful, soulful book. Reading it, I realized the promise of the subtitle: "Transforming our relationship with ourselves, each other, and the world." The book is too rich and the stories are too well-crafted for a simple summary. I can only recommend you read the book yourself, slowly and with an open mind. I'm looking forward to giving copies to friends. But I can highlight a few things that made me think differently. The three levels in the subtitle form the basic outline of the book, and each section gave me a different "pathway to possibility." The first section, full of personal accounts and those of clients, helped me frame some of my behavior as a set of recurring stories I tell myself, and offered me tools to rewrite them.

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